

FOR THE HEALTH & COMFORT OF TODAY'S BALLET DANCER

PREVENT DISFIGUREMENT

SEE THE DIFFERENCE FEEL THE DIFFERENCE

En Pointe Orthotics is an exciting innovation that will transform the pointe work experience for dancers of all levels.

Using advanced materials and technology, the En Pointe Orthotic is a custom made silicone insert that fits inside the box of the pointe shoe providing support, alignment and comfort never before experienced.

Clinically trialled and medically endorsed, the En Pointe Orthotic optimises biomechanical strength, reducing risk of injury and deformity.

The specially formulated orthotic material is flexible enough to absorb energy yet firm enough to provide support and alignment without giving up the feel of the floor.

Dancers that use En Pointe Orthotics experience better control, balance and comfort.

The rigors of pointe work are well known to contribute to a multitude of foot and toe problems including:

Bunions & Blisters

Bone Spurs

Stress Fractures

Toenail Damage/Loss

Interrupted Bone Growth

Permanent Deformity

**En Pointe WITH
EPO Support**



**En Pointe WITHOUT
EPO Support**



From a healthcare perspective it's all about biomechanics. When the small bones of the foot and toes are properly aligned and the body's weight is more evenly distributed, the structure of the body from head to toe is stronger. Improper support actually exacerbates misalignment, which increases the likelihood of injury, disfigurement and a shortened dance career.

WHY ORTHOTICS?

Pointe work is as rigorous as it is beautiful and the many small structures of the foot are simply not well matched anatomically to the punishing demands of dancing en pointe.

Typically a dancer will employ any combination of pointe shoe products to relieve some of the pain with limited effectiveness and consistency. Rarely is the crucial issue of alignment of the individual dancer's unique anatomy taken into account.

As an essential feature of the elegance and function of the pointe shoe there is neither a right nor left. Unless the foot and toes are the same shape as the box of the pointe shoe, the damage to the feet and toes can be considerable and lasting.

Since En Pointe Orthotics are custom made for each foot, issues of fit, alignment and support are addressed in a personalised procedure performed by a certified fitter. Essentially the shoe becomes distinctly right or left depending on which orthotic is placed inside.

Dancing en pointe will never be the same!



En Pointe Orthotics are available exclusively through
Accredited EPO Fitting Specialists.



En Pointe
ORTHOTICS

ALIGNMENT
SUPPORT
BALANCE
CONTROL
COMFORT



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SAFE - SIMPLE - SMART